

2022 RHS Marching Band Registration Packet

Thank you for your interest in joining the tradition of the RHS Marching Band! The RHS Band Program is celebrating its 100th Year Anniversary during the 2022-2023 school year. Please read this packet carefully, as it will provide you will a variety of information about the marching band program/season, along with important dates from now until the end of the season. We realize that this is a LOT of information and can be overwhelming. Please don't hesitate to let Mr. Luckenbill know if you have any questions (jluckenbill@ridgewood.k12.nj.us) and we look forward to you joining the RHS Marching Band family!

ONLINE REGISTRATION: ALL Members must **FIRST** complete the online registration form. Go to the *Marching Band page* on rhsbands.org (also linked on home page) and complete the google form ONLINE.

DEADLINE for the Online Registration Form is: Monday, May 9

Registration Packet Checklist

- Online Registration Form by **Monday, May 9** (info above)

Due at the Organizational Meeting | Wednesday, May 11

- Payment Voucher #1 (p. 2)
 - Make payable to **RHS Association**
- NOTARIZED** Band Program Consent for Emergency Medical Treatment (p. 6)
 - *Possible Notaries:* Banks, Attorneys, Real Estate Brokers, UPS in Ridgewood
- Photocopy of valid health insurance card (both sides), if you have insurance
- NEW Members** – Uniform Measurement Form (used to assign a uniform to each student)

School Physical Forms – To be completed **SEPARATELY** (specific info will be shared on May 11):

- RHS School Athletic Physical, completed by a parent and physician (**required**)
- Cardiac pamphlet sign-off (**required – included with Physical Forms**)

*** PLEASE RETURN TO RHS NURSE ASAP ***

Registration Questions???

Contact:
Suzanne Tripp
RHSMB Registration Chair
(201) 566-8570
smtesquire@verizon.net

There is a **MANDATORY MEETING** for all marching band members and at least one parent or guardian on **WEDNESDAY, MAY 11**, beginning at 7:00 PM in the RHS Campus Center.

NEW materials, schedules & paperwork will be distributed/discussed at the meeting.

- **TOTAL Marching Band FEE is \$695** and is divided into 2 payments. See **below** for a breakdown of both payments.
 - Payment #1 is due on **Wednesday, May 11** – check made out to *RHS Association*.
 - Payment #2 amount/due date is **Monday, June 6** – check made out to *RHS Band Association*.

Payment #1 (\$345) includes:

(Due **May 11** | **Organizational Meeting**)

Band Camp Fee (Timber Lake Camp)

Payment #2 (\$350) helps supplement:

(Due **Monday, June 6** | **Rehearsal**)

Provided Meals and Snacks for Season

Band Camp Staff & Nurse

Drill Writing

Music Arranging (Winds & Percussion)

Color Guard Choreography

Show T-Shirt

Show Props & Supplies

Picnic & Preview Performance Supplies

End-of-the-Year Dinner Banquet (Tides Restaurant)

Musicians: Uniform Dry Cleaning

Color Guard: \$50 towards Costume Fee - Total Fee **TBD**



Ridgewood HS Marching Band 2022 Payment Vouchers

*****No student has ever been denied participation in the RHS Marching Band due to financial circumstances.*****
 If your child requires alternate payment arrangements or financial assistance, please don't hesitate to contact Mr. Luckenbill. We're happy to work with you individually to help set-up a comfortable payment option. Requests in prior years have included: monthly payments, bi-weekly payments, and varied scholarships considered on a case-by-case basis. **Please make requests by May 9** – all requests will remain confidential.

SIBLINGS: If you have more than 1 child currently in the band, please contact Mr. Luckenbill about our sibling discount.

* Don't forget that there are flexible payment options! Please read the box above *

Payment / Refund / Cancellation Information: Since music, materials, props, costumes, flags, & drill are custom designed, written, built, sewn, and purchased prior to **June 30, NO MONEY WILL BE REFUNDED AFTER THAT DATE.** If a student chooses not to participate after the registration has been received, Mr. Luckenbill must be notified IMMEDIATELY.

PAYMENT VOUCHER #2
DUE Monday, June 6 (Rehearsal #3)

No. 2

Payment #2 Season Fees	\$ 350.00
Minus Fundraising Credit:	- \$ _____
Amount of Check Enclosed:	\$ _____

Name on Check: _____ Check Number: _____

MAKE PAYABLE TO: RHS BAND ASSOCIATION, INC.
BRING TO: Monday, June 6 Rehearsal

Current RHS students may use their fundraising credits on Payment #2. Credits are listed on the band website according to student ID number. Go to www.rhsbands.org, click on the "Fundraising" menu, then "Fundraising Credits".

***** ONLINE CREDIT CARD PAYMENT OPTION is available for PAYMENT 2 ONLY by going to rhsbands.ludus.com | An extra credit card fee will be applied. *****

Cut along dotted line


PAYMENT VOUCHER #1
DUE Wednesday, May 11 (Organizational Meeting)

No. 1

Payment #1 Band Camp	\$ 345.00
Amount of Check Enclosed:	\$ _____

Name on Check: _____ Check Number: _____

MAKE PAYABLE TO: RHS ASSOCIATION
BRING TO: Organizational Meeting (May 11)



***** THIS PAYMENT MUST BE PAID FOR WITH A CHECK (RHS Association) *****

ATTENDANCE / BEHAVIOR POLICY

RHS Marching Band 2022 Season

✳️Attendance AGREEMENT is part of the Online Registration Process. Please read THIS POLICY before checking the box on the online registration form. ✳️

The success of the Ridgewood High School Marching Band is dependent upon the dedication, attendance, and appropriate behavior of all members of the group. Absences and tardiness from rehearsals have a significant effect on the band's ability to move ahead, as do negative or inappropriate behaviors. This policy is aimed at providing a positive working and learning environment for all students in order to attain the highest level of achievement and performance. All rehearsals, performances, and activities listed in the calendar are **MANDATORY**, unless otherwise noted, and the following guidelines apply:

Expectations

- All students are required to attend **ALL** practices, sectionals, games, competitions, events and activities as listed on the Marching Band Calendar. When joining the Marching Band, you accept the rehearsal/performance calendar as your personal responsibility. Realize that successful performances can only be achieved through effective rehearsals. Absences from rehearsals have a significant effect on the band's ability to move ahead. Since we must perform as a complete group, it is therefore imperative that we rehearse as one.
- After school rehearsals are held from 3:30 PM to 6:00 PM, **unless otherwise specified**. Please consult the calendar for exact times and locations of each rehearsal.
- Saturday rehearsal locations and times are specified in the Marching Band Calendar. Times may change depending on the performance time of our competition each week. Notification will come as soon as the director is aware of the change of rehearsal time.
- Percussion sectionals are included in the Marching Band Calendar due to field reservation considerations. All other sections will arrange their sectional for a time agreeable to all members of that section. Color guard sectionals will be announced by the staff as needed.
- It is expected that students will behave in a manner which is respectful to other students, staff, and chaperones. All school rules and expectations remain in place during all rehearsals, performances, and events.

Preparation

- You are required to be prepared for each rehearsal so that rehearsals may begin on time. That means that you are at the field with your instrument, music, pencil, coordinate sheets, drill binder, and other necessary materials **ready to start** at the specified time.
- You are required to wear the proper attire for all rehearsals. This includes athletic shoes/sneakers, socks and comfortable clothing that allow you to march. No sandals/flip-flops or excessively baggy clothing.

Absences

- You have regularly scheduled rehearsals and performances which have been given to you long in advance. Do not schedule college visits, medical or dental appointments, academic tutoring, private music instruction, or any other activity during these specified times.
- **If you miss a rehearsal for any reason, whether excused or unexcused, the staff reserves the right to prohibit you from marching in the next performance, if they feel that you are not adequately prepared.**
 - Several missed rehearsals may result in your expulsion from the group.
- Excused absences from rehearsal are limited to the following:
 - Personal illness which confines you at home (excused absence from school).
 - Personal illness which causes you to be sent home by the school nurse.
 - Death in the family.
 - Religious holiday (please notify the Band Director in advance).
- Extenuating circumstances will be considered on a case-by-case basis.
- Unexcused absences include reasons not listed above. If you are present for a full day of school and you do not attend rehearsal or if you leave school without clearance from the school nurse, your absence will be considered unexcused. Absences due to illness must be followed up with a note from home confirming the validity of the absence.

- **Unexcused absences will result in disciplinary action:**

- 1ST offense: Student conference with Band Director.
- 2ND offense: Parents are contacted.
- 3RD offense: Suspension from one performance.
- 4TH offense: Expulsion from the group.

Tardiness

- Unexcused and excessive tardiness to rehearsal will not be tolerated.
- If you have a ninth period assignment, you must bring your instrument/equipment to ninth period, then come quickly to rehearsal **with a pass from the supervising teacher**.
- If you are serving a 3:15 detention, you must also report to rehearsal immediately afterwards with a pass from the supervising teacher. Since these detentions end at 4:05, your tardiness will be considered unexcused.
- Unexcused tardiness will result in disciplinary action.
 - 1ST offense: Student conference with Band Director
 - 2ND offense: Phone call to parent
 - 3RD offense: Suspension from one performance
- Subsequent offenses may lead to expulsion from the group.

Appeals

- Students wishing to appeal decisions regarding attendance must contact the Director to arrange for a conference to include the Director, student, parent, and additional staff as necessary.

Flexibility

- If you believe that a conflict which may cause you to either miss or be late to a rehearsal is unavoidable, see the Director as far in advance as possible. Options can often be worked out with other teachers, coaches, etc. that will make it unnecessary to miss marching band rehearsal. (e.g. Driver Ed meetings...with advance notice are always flexible for athletes and band members.)

Communication

- Communication of absences must be done directly through the Band Director! For example, you cannot tell someone else to tell the Director that you will be absent. Even if the reason is legitimate, this will be considered an unexcused absence.
- All absence requests due to extenuating circumstances must be provided in writing (email) from a parent, with at least one-week advance notice.
- If you are sick at home, you must call, email or GroupSpot message the Director that you will not be present at rehearsal. All communication must be made at least two hours prior to the scheduled rehearsal time.
- In the event that you are sent home prior to the end of the school day by the school nurse, you must call or email Mr. Luckenbill immediately.
- Remember that absences due to illness must be followed up with a note from home confirming the validity of the absence.

Mr. Luckenbill: (201) 670-2800 ext. 20744 or jluckenbill@ridgewood.k12.nj.us

Field Trips (Games and Competitions)

- All band members are required to travel to and from all events on buses, under the supervision of the RHS Marching Band Staff, since the school is responsible for the safety and well-being of the students. While at events, the students must also remain under the direct supervision of the staff.
- Any special requests for late arrival to an event or early departure from an event must be done in writing **at least one week in advance**, accompanied by the appropriate paperwork. *Contact Mr. Luckenbill to obtain the correct forms.*

2022 RHS Marching Band

Health Forms/Medical Information

IMPORTANT INFORMATION FROM THE SCHOOL NURSE

■ PLEASE READ CAREFULLY ■

In addition to completing the RHSMB registration materials, all Marching Band and Color Guard members are required to complete and submit the following medical forms. Students who do not follow the guidelines listed in the packet could miss valuable practice time or performances.

1. RHS Band Program Consent for Emergency Medical Treatment *Bring to Organizational Meeting*

The form on the following page contains a consent for emergency medical/surgical treatment and includes information that is used by the nurse or a health care professional in the event that a student needs medical treatment either at the camp, at an office, or at an emergency or urgent care facility. Information regarding food allergies and dietary requirements is used to plan menus that are appropriate for all students. This form must be **NOTARIZED**. *Possible Notaries:* Banks, Attorneys, Real Estate Brokers, UPS store in Ridgewood.

2. Authorization for Medications to be Given During Band Camp at Timber Lake Camp:

If a student is currently taking any kind of medication (prescription or over-the-counter) the "Medication Authorization" form must be completed by the physician and submitted to the school nurse prior to Band Camp. This authorization form will be available at the May 11 meeting. All medications must be in their original containers and include the original prescription label. ***Given to nurse before band camp departure***

3. RHS ATHLETIC INFORMATION and PHYSICAL EXAMINATION PACKET- Turned in to RHS Nurse

This is available from the Nurse's Offices at BF, GW, and RHS, on the RHS Health Services website, will be distributed at the **mandatory** Marching Band Organizational Meeting on **May 11**, and will available on our website (www.rhsbands.org) on the Marching Band page.

*****Please note***:** On Part B, Page 3 (Clearances) Marching Band is considered a "strenuous, non-contact" sport. Color Guard/Winter Guard are considered "limited contact" sports.

Along with the Athletics/Physical Exam packet, all participants must submit a copy of a current physical examination given within 365 days of the start of the this marching band season (August 15, 2022). Therefore, please check the date of your child's last physical immediately.

We recommend that you contact your insurance company before making an appointment for a physical exam. Many companies will permit one physical examination each CALENDAR YEAR, meaning that scheduling an exam prior to summer vacation MAY be permissible. Again, this will simplify the health clearance process SIGNIFICANTLY. It is suggested that you make an appointment for a physical examination **NOW!**

These forms must be submitted IN PERSON prior to the end of the school year or during the posted times by the RHS Nurse's Office for the summer months. Forms submitted prior to the end of the 2021-2022 school year will simplify the process significantly. More info will be available at the Organizational Meeting.

Questions?

For further information regarding physical examinations or medications, please contact:

Mrs. Morgan (RHS Nurse) | 201-670-2800 ext. 20520 | mmorgan@ridgewood.k12.nj.us

Mrs. Emily Wong (Band Camp Nurse) | 201-670-1814 (home) | emily.ducky5@gmail.com

*****THIS FORM MUST BE NOTARIZED*****

**Ridgewood High School Marching Band Program
CONSENT FOR EMERGENCY MEDICAL TREATMENT**

**Authorization to consent to treatment of a minor temporarily separated from his/her parent(s).
Please complete all of the following health history and medical information.**

Student Name: _____
(Last) (First) (M.I.)

Date of Birth: _____ Sex: _____ Parent/Guardian Name(s): _____

Home Address: _____ Home Phone: _____

Parent Cell Phone(s): _____

Address & Phone (if different during 8/23-8/28): _____

Alternate Emergency Contact: _____
(Name) (Relationship) (Phone)

Health History: (Please check all that apply)

- Chicken Pox German Measles Hay Fever Ear Infections Heart Disease
- Measles Asthma Convulsions Diabetes Fainting
- Latex Allergy _____ Drug Allergies (specify) _____
- Insect Allergies (specify) _____ Food Allergies (specify) _____
- Plant Allergies (specify) _____ Other Allergies (specify) _____

Does Student require regular medication? Yes__ No__ Specify: _____

Date of last TETANUS Booster: _____ Temporary Medication taken at this time: _____

List any physical restrictions: _____

Dietary Requirements: Vegetarian Kosher Other _____

Attach any additional information that may aid in meeting medical contingencies: _____

Insurance Carrier (If you do not carry insurance, please indicate): _____ ID # _____

Name of Insurance Policy Holder: _____ Policy Holder's Date of Birth: _____

*****PLEASE ATTACH A PHOTOCOPY OF YOUR INSURANCE CARD (BOTH SIDES)*****

Physician: _____ Phone: _____

I/We, the undersigned parent(s)/legal guardian of _____, a minor, do hereby authorize the Ridgewood Public Schools Staff, as our agent(s) to consent to any diagnostic procedure or medical care which is deemed advisable by, and is to be rendered under the general or special supervision of, any licensed physician, surgeon, or qualified personnel at an accredited hospital when such diagnosis or treatment is rendered.

It is understood that this authorization is given in advance of any specific need for treatment, but is given to provide authority on the part of our aforesaid agent(s) to give specific consent to any and all such diagnosis, treatment, or hospital care which the physician in the exercise of his/her best judgment may deem advisable. I/We understand that there is no accident or health insurance program and that any medical bills incurred by my/our son/daughter will be paid by me/us. This authorization shall remain effective through June 30, 2023 unless sooner revoked in writing delivered to said agent(s).

AUTHORIZATION

State of New Jersey, County of Bergen

Before me, the undersigned authority, personally appeared _____, who being duly sworn, testified under oath that the information provided above is true and correct.

Parent(s)/Legal Guardian Name: _____ Signature: _____

Subscribed and affirmed before me this _____ day of _____, 2022.

NOTARY PUBLIC SIGNATURE: _____

RHS Marching Band Additional Expenses

Uniform Distribution & Fitting Information

MUSICIANS

Keeping over close to 100 musicians looking their best in the Marching Band Uniforms takes lots of time and effort by many volunteers on the Uniform Committee. Your adherence to following the instructions below will help those volunteers keep the uniforms looking great. In addition, in order to keep costs for the group, as a whole, as low as possible and to ensure the band members always look their best.

NEW MEMBERS of the Brass, Percussion, Woodwind sections must complete the Uniform Measurement Form, which is used to assign a uniform to each member of the band. Please bring this form with you to the **May 11 Organizational Meeting**.

- * Uniforms, shakos, garment bags and uniform instructions will be distributed on the following dates:
 - * **Senior (12th Grade) Returning Members:** Wednesday, May 25 (During Rehearsal)
 - * **Sophomore/Junior (10th/11th Grade) Returning Members:** Tuesday, May 31 (During Rehearsal)
 - * **NEW Members:** Monday, June 6 (During Rehearsal)

Old name labels must be removed carefully and new name labels sewn in. This is a top priority. Labels are the **ONLY** way the dry cleaner can identify, sort and return uniforms to band members. ***If labels are not sewn in by uniform inspection/photo day, then the uniform will be taken back and that individual will be charged \$5.00 to have the tags sewn in.***

- * **Jacket** | Center just below the back collar
- * **Pants** | Inside the waistband near the manufacturer's label

Your child will be given 2 pairs of white gloves for use during the ENTIRE season. **Gloves can be washed as they become soiled.** You will be charged an additional \$5.00 for every extra pair of gloves given to your child.

To be purchased separately:

- * All musicians must purchase the MTX Marching Band Shoe: approx. \$40.00
 - * *More information on the marching band shoe will be given at the May 11 Organizational Meeting.*
- * All musicians must wear **WHITE** athletic socks, crew length or higher, with the uniform.

Questions? Musicians Contact: Kim Casey | tchsped4@gmail.com **OR** Lisa Faris | lfaris729@yahoo.com

COLOR GUARD

- * All color guard members will be fitted for costumes on May 25, at the first full band rehearsal.
- * Also available: assorted Color guard apparel. More information will follow.

To be purchased separately:

- * All color guard members must purchase the required shoes, est. \$50.
- * Costume Fee: est. \$150 (*\$50 is included in Payment #2 and will be deducted from final costume fee*)
- * Also, any required undergarments and accessories (to be determined by costume design).

Color Guard Questions? Contact: Jake Montanaro | rhscolorguard@ridgewood.k12.nj.us



2022 RHS Marching Band Spring/Summer Calendar

Spring and summer rehearsals/performances are listed below. Any additional percussion and color guard rehearsals will be communicated to students in those sections at the interest meeting. All rehearsals will take place at the RHS Band Room, unless otherwise noted.

Please note: EVERYONE is expected to attend the dates listed below (including rookie members).

April

- Monday, April 4 6:00-7:00 PM Color Guard Interest Meeting (Meet @ RHS Band Room - 150)
(More dates will be shared during this meeting)
- Tuesday, April 5 4:00-5:00 PM Percussion Interest Meeting (RHS Band Room - 150)
(More dates will be shared during this meeting)

May

- Monday, May 9 ----- **ONLINE REGISTRATION DUE**
- Wednesday, May 11 7:00-8:30 PM **2022 Kick-Off & Organizational Meeting | RHS Campus Center**
*****MANDATORY for student and a parent/guardian*****
Payment #1 DUE (Voucher #1 on page 2) & Notarized Medical Form
- Wednesday, May 25 4:00-6:00 PM Full Band Spring Rehearsal #1
- Tuesday, May 31 4:00-6:00 PM Full Band Spring Rehearsal #2

June

- Monday, June 6 4:00-6:00 PM Full Band Spring Rehearsal #3
- Tuesday, June 28 6:00-8:00 PM July 4 Parade Rehearsal #1 *(If you're in town...)*
- Thursday, June 30 6:00-8:00 PM July 4 Parade Rehearsal #2 *(If you're in town...)*

July

- Monday, July 4 9:00-11:00 AM July 4th Parade (100th Anniversary Alumni Band)
Our portion of the parade ends by 11AM!
- Monday, July 4 12:30-3:00 PM July 4th Current & Alumni Family BBQ | Location: RHS Front Lawn

Band Camp TENTATIVE Schedule

***Please Note: ALL students attend BOTH weeks of camp. The first week is home @ RHS, and the second week is a sleep-away camp at Timber Lake Camp. These weeks are vital to the success of our season and are where we put a lot of time into learning the basic fundamentals of marching band, our show and building our team!

Band Camp @ RHS

****Exact Daily Schedule will be released over the summer****

- Monday, August 15: LEADERSHIP TEAM ONLY**
- Tuesday, August 16 – Friday, August 19: ALL Members**



Band Camp @ TLC (Timber Lake Camp)

- Sunday, August 21 – Friday, August 26**
- Depart from RHS Parking Lot at 10:30 AM (Aug. 21)
- Return to RHS Parking Lot by 3PM (Aug. 26)

2022 RHS Marching Band FALL TENTATIVE Calendar

This page contains the **TENTATIVE** Marching Band Calendar for the 2022 Fall Season. Students are required to attend ALL rehearsals, performances and activities. Any conflicts for the season should be communicated to Mr. Luckenbill ASAP in order to plan accordingly.

*** An EXACT, FULL SEASON, DAILY calendar will be distributed at the Organizational Meeting ***

Weekly Rehearsal Schedule

Monday: 3:30-6:00 PM

Tuesday: 3:30-6:00 PM (**Percussion Only Sectional**)

Wednesday: 3:30-6:00 PM

Friday: 3:30-6:00 PM

Saturday: Rehearsal Time depends on Competition Performance Time (9am-4pm, if no competition)

*** Saturdays** are an important day for the RHSMB, between rehearsals and competitions. **Please block out the ENTIRE day, every Saturday during the marching band season, as we don't know the times of our competitions until a few weeks before.** More information will be communicated at the May 11 meeting. *****

Rehearsals take place at two locations: (1) Kenilworth Field is located across from Somerville School on South Pleasant Ave (2) The RHS Main Football field is the main turf field at RHS.

In the event of inclement weather, rehearsal will be held in an indoor facility (band room/campus center), which will be announced that day by email, Google Classroom and GroupSpot message. **We will ALWAYS have rehearsal!**

2022 RHSMB TENTATIVE Performance Schedule

Friday, September 2: Home Football Game vs Hackensack HS (*If you're in town...*)

Friday, September 16 | Home Football Game vs. Northern Highlands HS

TENTATIVE: Friday, September 23: Band Association Preview Performance & Family Picnic (6:00-8:00 PM)

Saturday, September 24 | USBands Competition @ Northern Valley Old Tappan HS

Saturday, October 1 | NJMBDA Competition @ Randolph HS

Friday, October 7 | Home Football Game vs. Wayne Hills HS (7/8 Grade Band Day & 100th Anniversary Homecoming)

Saturday, October 8 | USBands Competition @ MetLife Stadium | Ludwig Musser Classic

Friday, October 14 | Home Football Game vs. Montclair HS (Senior Night)

Saturday, October 22 | USBands Competition @ Ridge HS

Saturday, October 29 | USBands Competition @ TBD (NJ State Championships)

Sunday, November 6 | USBands Competition @ J. Birney Crum Stadium, Allentown, PA (National Championships)

IMPORTANT – REGARDING FOOTBALL GAMES: The RHS Marching Band performs at all home football games during the regular season **and playoffs**. Tentative playoff games will be noted on the full calendar distributed at the Organizational Meeting.

*** ANY CHANGES TO THE SCHEDULE WILL BE MADE WITH AS MUCH ADVANCE NOTICE AS POSSIBLE!!! ***

PLEASE DO NOT SCHEDULE ANY APPOINTMENTS OR COLLEGE VISITS, ETC. THAT WILL CONFLICT WITH REHEARSALS OR PERFORMANCES!!! YOU HAVE MADE A COMMITMENT TO THE RHS MARCHING BAND, AND HAVE THEREFORE AGREED TO ADHERE TO THIS CALENDAR.



Measurement Form

First name _____

Last Name _____

Gender _____

Uniform Set Ridgewood HS Marching Band

Height _____ Ft _____ In

Head _____ In

Weight _____ lbs

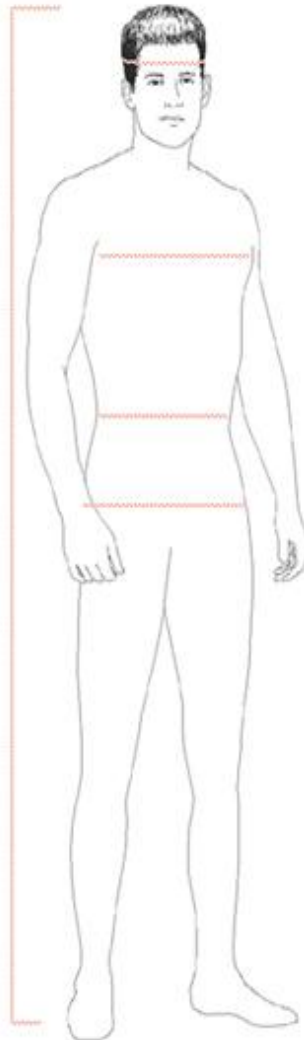
Chest _____ In

Waist _____ In

Seat _____ In

*****For All NEW
Wind & Percussion
Members
Due with Reg. Packet*****

Height - Feet and inches, rounded to the next whole inch. Taken from the top of the head to the floor with shoes in most cases.



Head - Inches, rounded to the nearest 1/8 inch (0.125).
Taken around the crown of the head (Occipital bone)

Chest - Inches, rounded to the next whole.
Taken around the body under the arms across the chest area at its maximum bulk.

Waist - Inches, rounded to the next whole inch.
Taken around the body above the hip bone.

Seat - Inches, rounded to the next whole inch.
Taken around the body at the widest point of the buttocks.

Weight - Pounds, rounded to the next whole pound.